

SURAJ SCHOOL

DELHI ROAD, REWARI



Class – 7th



SUMMER HOLIDAYS

प्रकाशमय कल के लिए

CAMPUSES :

Mahendragarh | Rewari | Kosli | Pataudi | Bawal
Bhiwadi | Gurugram Sec-75 | Gurugram Sec-56

Summer Holiday



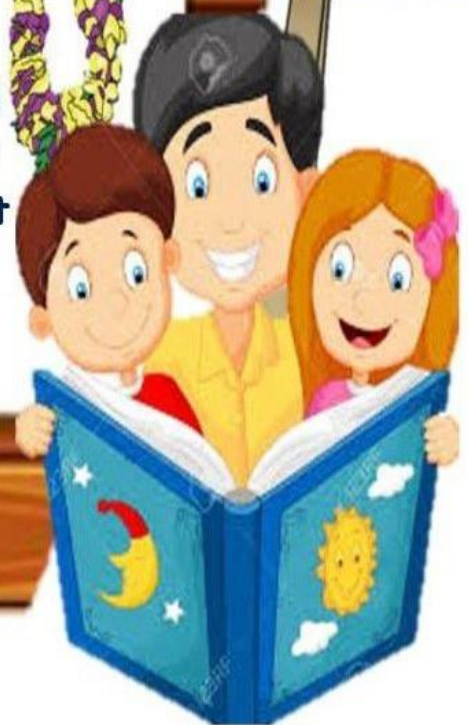
Hurray!!! The Summer Holidays are here... It's time to take a break, sit back & enjoy a few weeks on holiday! To keep the little ones engaged & be in touch with the learnings done in the class, the Summer Holiday Activities are designed with a motto of "Fun & Learn". Homework Worksheets & a bank of fun filled activities is being uploaded on our 'School Portal'.

So, parents, let them put their thinking caps & get their imagination going. Please download the Worksheets & Activities. Let us all help them be more confident & independent...

Happy Holidays!!!



ACTIVITIES



SCIENCE

Compulsory for all students

❖ Project :- Healthy Lifestyle

- Discuss with your parents and grandparents, the way to lead a healthy life based on the discussion design a diet plan for the children of your age group with tips & suggestions to lead a healthy life.
- Work on your self-healing Power and write various ways to boost your immune system.
- Fast food is not good for health. Compose a story (150-200) words with pictures and drawings with this message where in a girl or boy explains to her/his younger brother, the bad effects of eating fast food.

❖ Worksheets

- Draw diagram of Human digestive system, Life cycle of Silkworm, Nutation in Amoeba, Clinical Thermometry on coloured Sheets show your creativity using various materials to paste and draw.
- Why does the fertility of soil decline.
- How do you relate Photosynthesis to the survival of life on Earth.
- Which food is digested with the help of Saliva.
- Our tongue has different taste are as for different kinds of food. Mark these different taste are as on the tongue.

SOCIAL STUDIES

Compulsory for all students

- ❖ Choose any five monuments of India find out which Rocks and Minerals are used in them and make a project.
- ❖ Plant a tree at your home, in the temple or in the playground and prepare weekly report. i.e., number of leaves, height, colour etc.
- ❖ Find out the history of any three food crops and beverages that arrived in India during the medieval period and make a project.
- ❖ Make Model using cardboard (any one)
 - Lithosphere
 - Ecosystem in Biosphere
 - The four domains of the Earth
 - Atmosphere
- ❖ Map work
 - Do all maps (L-1 to 3) in your map book.

❖ Currencies of the World:

We know that to understand the power of a nation, it is very much necessary to study its economy. The very first step in this direction is to know about the currency used there. Let us do a comparative study of currencies of various nations with our country. Prepare a scrap file by pasting the pictures of currency used in given countries. Also draw their symbols and show the comparison of their current market value with Indian currency.

The countries to be studied are as follows:

India, Sri Lanka, Singapore, Hong Kong, Japan, Finland, Switzerland, Netherlands and Canada

(Use one page for one country.)

HINDI

Compulsory for all students

- ❖ मदर टेरेसा, अब्दुल कलाम, सरोजनी नायडू, रामानुजन और सी वी रमन के बारे में जानकारी प्राप्त करके चित्र सहित उनके कार्यों का वर्णन करें। (चार्ट बनाइए)
- ❖ 12 बार बारहखडी लिखकर याद कीजिए।
- ❖ सूरदास, तुलसीदास, कबीर दास और रैदास के 40 या 50 दोहों का संग्रह तैयार कीजिए। प्रश्न 4 किन्हीं पाँच समाज सुधारकों के बारे में जानकारी चित्र सहित एकत्र कीजिए।
- ❖ भारतीय तिरंगे के इतिहास की जानकारी प्राप्त करके चित्र सहित चार्ट तैयार कीजिए।
- ❖ राष्ट्रीय गीत और राष्ट्रीय गान याद कर के पाँच-पाँच बार लिखिए।

COMPUTER

Compulsory for all students

- ❖ Using internet search and download 10 famous IT personality photo, print and paste them in a chart and mention his/her invention.
- ❖ Presentation Topic "Famous sports personality".

Note: -

Take A-4 size sheets for your work.

Send Ppt/ Word or any other soft file prepared on email:-

holidayhomework.surajschool@gmail.com